

TOP 10 REASONS to drink Aloe Vera Juice

1. Body Building Blocks

Amino acids are our body's building blocks. Eight which are essential and cannot be made by the body are found within the Aloe plant. Drinking Aloe Vera on a regular basis allows you to help maintain your health by replenishing your body naturally with these essential amino acids. An analysis of the Aloe Vera plant shows that it comes closer than any other plant to the duplication of amino acids.

2. Anti-inflammatory Properties

Aloe Vera Gel has 12 natural substances that have been shown to inhibit inflammation without the side effects. Aloe may also support proper joint and muscle mobility.

3. Daily Dose of Vitamins

Aloe Vera Gel includes Vitamins A, B1, B2, B6, B12, C and E, Folic Acid and Niacin. The human body simply cannot store some of these vitamins; therefore we need to supplement them regularly through our diets. What better way than by drinking a daily dose of Aloe Juice Gel, while at the same time building the body's defense system naturally against oxidative stress!

4. Daily Dose of Minerals

Some of the minerals found in Aloe vera include calcium, sodium, iron, potassium, chromium, magnesium, manganese, copper, and zinc. What a powerful storehouse! We all know that adding foods to our diets with naturally occurring vitamins and minerals is recommended for overall health.

5. Collagen & Elastin

Aloe Vera can add a rich supply of building materials to produce and maintain healthy skin. The skin replenishes itself every 21 to 28 days. Using the nutritional building blocks of Aloe Vera, the skin can utilize these nutrients daily to help combat the effects of aging.

6. Regulates Weight & Energy Levels

Aloe Vera Gel with regular use naturally allows the body to cleanse the digestive system. Our diets include many unwanted substances which can cause lethargy and exhaustion. Taken regularly, Aloe Vera Gel ensures a greater feeling of wellbeing, allowing energy levels to increase and helping to maintain a healthy body weight.

7. Immune Support & Function

Aloe Vera provides natural support for the immune system. Since the immune system works around the clock protecting the body, Aloe Vera, with its natural immune enhancers, gives the body a continual arsenal from which to draw.

8. Aids in Healthy Digestion

A healthy digestive tract ensures that nutrients from the food that we eat are absorbed into the blood stream. Aloe Vera has natural, detoxifying abilities. Drinking Aloe Vera Gel regularly supports improved bowel regularly and increase protein absorption, while at the same time decrease unfriendly bacteria and yeast – all done naturally!

9. Provides Rapid Soothing

Aloe Vera enhances fibroblast function. Fibroblasts are those remarkable little cells responsible for collagen formation. They also assist in the soothing of minor burns, cuts, scrapes and skin irritations.

10. Dental Health & Hygiene

Aloe Vera is extremely healthful for your mouth and gums.



PRO-MA
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Why does ALOE VERA WORK?

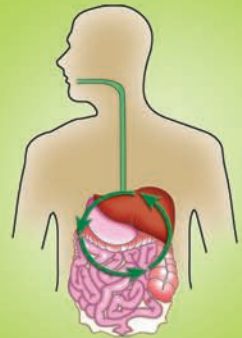


The Aloe Vera plant produces at least 6 antiseptic agents: lupeol, salicylic acid, urea nitrogen, cinnomonic acid, phenols, and sulphur. All of these substances are recognised as antiseptics because they kill or control mold, bacteria, fungus, and viruses, explaining why the plant has the ability to eliminate many internal and external infections. The lupeol and salicylic acid in the juice explains why it is a very effective pain killer.

Aloe Vera contains at least three anti-inflammatory fatty acids: cholesterol, campestral and B-sitosterol (plant sterols), which explains why it is a highly effective treatment for burns, cuts, scrapes, abrasions, allergic reactions, rheumatoid arthritis, rheumatic fever, acid indigestion, ulcers, plus many inflammatory conditions of the digestive system and other internal organs, including the stomach, small intestine, colon, liver, kidney and pancreas. B-sitosterol is also a powerful anti-cholestromatic which helps to lower harmful cholesterol levels, helping to explain its many benefits for heart patients.

If we add that Aloe contains at least 23 polypeptides (immune stimulators), then we understand why Aloe juice helps control a broad spectrum of immune system diseases and disorders, including HIVC and AIDS. The polypeptides, plus the anti-tumor agents Aloe emodin and Aloe lectins, explains its ability to assist in the control of certain cancers. The anti-inflammatory fatty acids are helpful for the stomach, small intestine and colon. It naturally alkalizes digestive juices to prevent overacidity – a common cause of indigestion. It helps cleanse the digestive tract by exerting a soothing, balancing effect.

A newly discovered compound in Aloe, acemannan, is currently being studied for its ability to strengthen the body's natural resistance. Studies have shown acemannan to boost T-lymphocyte cells that aid the immune system.



NB: This information is for educational purposes only. It is not intended to diagnose, treat, cure, or prevent any disease.

References

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